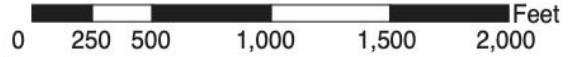


Lester Wright Jr. Youth Cross Country Series Course Map

Holmdel Park Grades K-12 Cross Country Map



Course Key

- 800M turnaround
- 2K crossover
- 3K crossover
- 4K crossover
- 5K course

The Shore Athletic Club
www.shoreac.org
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LEGEND

No Runners	Field Areas
Walk Only	Forest Areas
Cross Country Route	Trail
Buildings	Access road
Park Boundaries	

Note:

- All roadways and parking lots are Walk Only zones.
- Buildings and patios are not to be used for storage of equipment or warmup and/or practice areas.
- Running spikes are not to be worn on patios or in buildings.