



JERSEY MIKE'S SUBS PRESENTS

**THE 2022 USATF NATIONAL CLUB
TRACK AND FIELD CHAMPIONSHIPS**

featuring

**THE 35TH NEW JERSEY INTERNATIONAL
TRACK AND FIELD MEET**

JULY 1-2, 2022

**HOSTED BY THE SHORE ATHLETIC CLUB
AND MONMOUTH UNIVERSITY**



WEST LONG BRANCH, NEW JERSEY



LIST OF OFFICIALS

- Meet Founder and Director Emeritus** ----- Elliott Denman
- Meet Director** ----- Dave Friedman
- Marketing/Sponsorship Coordinator** ----- Dr. Harry Nolan
- Coordinator of Operations** ----- Coach Joe Compagni
- Technology Coordinator** ----- Erin O'Neill
- Shore A.C. Varsity Coach** ----- Tim Brennan
- Timing Services** ----- Maurice Bell
- Administrative Assistant** ----- Dayna Luma

SHORE ATHLETIC CLUB OF NEW JERSEY

"Promoting the Olympic Sport of Track and Field Since 1934"

Our Olympians

Elliott Denman

Barbara Friedrich

Bob Mimm

Bill Reilly

Dave Romansky

Todd Scully

Maren Seidler

Jim Wooding

A WELCOME FROM THE SHORE ATHLETIC CLUB PRESIDENT

Welcome to all competitors and Track and Field fans to the Shore Athletic Club's signature event, The New Jersey International Track and Field Meet. Even a Cross Country/ Road runner like myself can readily recognize names on our program. Events are named for Track and Field immortals like Frank Budd from Asbury Park, Joetta Clark Diggs, Andy Stanfield, Eamonn Coghlan, Renaldo Nehemiah, Al Blozis, Barbara Friedrich Parcinski, Herbert Douglas Jr., Horace Ashenfelter and our own Elliott Denman. Other events are named for more recent Shore AC world class athletes, Aileen Pompey, Chrissy Shaheen, Dawn Bowles, George Sheehan, John Kuhi, Harry Nolan, Dick Hill and more. Look further and you will see some of our sports great Athlete/Innovators like Dr. Norbert Sanders, George Kochman, Matt Brown and again, Elliott Denman. All are forever intertwined in the rich history of this event and the Shore AC.

Our National Champions

John Borican

Ray Funkhouser

Dick Ganslen

Elmore Harris

Herb McKenley

Cliff Mimm

Eulace Peacock

Blaine Rideout

Andy Stanfield

Josh Williamson

The year we welcome the addition of the USATF National Club Track and Field Championships as a major part of the International meet. The event is special in that it brings together many teams from over 2,000 USATF clubs within the United States competing for the title of best USATF track and field club in the country. We are also thankful to Monmouth University President Dr. Patrick Leahy for allowing the meet on that campus, with its state of the art track and field facilities.

Our event is the result of a lot of hard work by our team of Dave Friedman, Dr. Harry Nolan, Coach Joe Compagni, Erin O'Neill, and Elliott. After a meeting last Fall with Former Monmouth University Board Chairman Henry Mercer, this team went to work to get sponsors, USATF sanctioning and a great field of competitors. We have tried to follow the Shore AC tradition of offering an event where everyone has a chance to run, jump, throw, walk or just enjoy what we hope will be a beautiful July day at Monmouth University.

As you compete this weekend, please know that your achievements are inspiring to all who seek to achieve greater fitness, greater health and greater competitive excellence.

Best wishes and good luck to all.

Walter MacGowan
President
Shore Athletic Club of New Jersey



PRESIDENT PATRICK F. LEAHY

We are delighted to be hosting the 2022 USATF National Club Track and Field Championships featuring the 35th New Jersey International Track and Field Meet at the newly dedicated Joe Compagni Track in the Henni Kantor Kessler and John H. Kessler Stadium. Thank you for joining us on our beautiful coastal campus for this notable event.

I am grateful for the leadership and vision of the individuals recognized on the preceding page by Walter MacGowan, and so pleased to be partnering with Shore Athletic Club of New Jersey on this signature event. My particular thanks go to running enthusiast, Monmouth University Trustee and former Board Chair Henry Mercer, his wife Joan, and former Monmouth University Director and Head Coach of the Cross Country and Track and Field programs Joe Compagni, for their tireless commitment to our students and our academic mission. We appreciate the honor of having our outstanding track and field facilities selected as the host site for this prestigious competition.

For decades, Monmouth's track and field program has earned accolades at the individual and team levels, both for athletic prominence and academic distinction. Our student-athletes have demonstrated excellence on the track and in the classroom, winning countless conference titles, earning more NCAA Division I All-America honors than any other sport on campus, and receiving recognition from the NEC, MAAC, and USTFCCCA for their strong academic performances. I am pleased that the 2022 USATF National Club Track and Field Championships add to the rich history of track and field success on our campus.

On behalf of the entire Monmouth University community, congratulations and best wishes to all the competitors this weekend. You are an inspiration to us all.

Dr. Patrick F. Leahy
President, Monmouth University

SCHEDULE OF EVENTS

2022 USATF National Club Championship SCHEDULE OF EVENTS

And the 35th New Jersey International Track and Field Meet

Preliminary schedule as of June 15, 2022

Friday, July 1, 2022

TIME	TRACK EVENTS	FIELD EVENTS
3:30		Ira Wolfe Men's Hammer Throw
5:00	Horace Ashenfelter Memorial Women's 3000 Meter Steeplechase	
5:30	Horace Ashenfelter Memorial Men's 3000 Meter Steeplechase	Oneithea "Neni" Lewis Women's Hammer Throw
5:40	The Gone Running Community One Mile Run*	
6:15	Dick Hill/Tom Zarra Memorial Women's 10,000 Meter Run	
7:00	Dick Hill/Tom Zarra Memorial Men's 10,000 Meter Run	

Saturday, July 2, 2022

TIME	TRACK EVENTS	FIELD EVENTS
8:30	Elliott Denman Women's & Men's 5000 Meter Race Walk	
9:15	Dr. Norbert Sander Memorial Women's 5000 Meter Run	
9:45	Dr. Norbert Sander Memorial Men's 5000 Meter Run	
10:00		Barbara Friedrich Parcinski Women's Javelin Throw
10:15	George Kochman Girls High School Mile*	
10:25	George Kochman Boys High School Mile*	
10:45	Dawn Bowles-Fitch Women's 100 Meter Hurdles PRELIMS	
11:00	Renaldo Nehemiah Men's 110 Meters Hurdles PRELIMS	Al Blozis Memorial Women's Shot Put
11:15	Fred Thompson Memorial Women's 100 Meter Dash PRELIMS	
11:30	Frank Budd Memorial Men's 100 Meter Dash PRELIMS	
11:45	Dr. Matt Brown Masters Men's 100 Meter Dash*	
12:00		Herbert Douglas Jr. Women's & Men's Long Jump (2 runways)
12:00	Dr. Matt Brown Masters Women's 100 Meter Dash*	Paul Richard Memorial Women's Pole Vault
12:00		Mike Pascuzzo Men's High Jump
12:00		Bob Roggy Memorial Men's Javelin Throw
12:15	John Kuhi Masters 400 Meter Dash*	
12:30	Harry Nolan/George Sheehan Masters Mile*	
12:45	Women's 4x100 Meter Relay	
12:55	Men's 4x100 Meter Relay	
1:00		Al Blozis Memorial Men's Shot Put
1:10	Chrissy D'Alessandro-Shaheen Memorial Women's Mile	
1:20	Dr. John F. Connors Men's Mile	
1:40	Renaldo Nehemiah Men's 110 Meter Hurdles FINAL	
1:50	Dawn Bowles-Fitch Women's 100 Meter Hurdles FINAL	
2:00	Fred Thompson Memorial Women's 100 Meter Dash FINAL	Art Swarts Women's Discus Throw
2:05	Frank Budd Memorial Men's 100 Meter Dash FINAL	
2:15	Aliann Pompey Women's 400 Meter Dash	
2:25	Andrew Valmon Men's 400 Meter Dash	
2:30		Norm Tate Women's & Men's Triple Jump (2 runways)
2:35	Joetta Clark Diggs Women's 800 Meter Run	
2:45	Rich Kenah Men's 800 Meter Run	
2:55	Masters Women's 800 Meter Run	
3:00	Art Smith Masters Men's 800 Meter Run*	Paul Richard Memorial Men's Pole Vault
3:00		Mike Pascuzzo Women's High Jump
3:10	Women's 400 Meter Hurdles	
3:25	Quentin Wheeler Men's 400 Meter Hurdles	
3:30		Art Swarts Men's Discus Throw
3:40	Andy Stanfield Memorial Women's 200 Meter Dash	* - Events marked with a * are not scored events in the Club Championships
3:55	Andy Stanfield Memorial Men's 200 Meter Dash	
4:10	Women's 4x800 Meter Relay	
4:25	Men's 4x800 Meter Relay	
4:40	Masters 4x800 Meter Relay*	
4:55	Women's 4x400 Meter Relay	
5:05	Men's 4x400 Meter Relay	
5:15	Women's Distance Medley Relay	
5:30	Men's Distance Medley Relay	



This schedule will be adjusted after entries close on June 28th

NEW JERSEY INTERNATIONAL TRACK AND FIELD RECORDS

Event	Record Holder	Year	Home	Mark
Frank Budd Men's 100-Meter	Philippe DeRosiers	2012	USA	9.87
Andy Stanfield Memorial 200-Meter	Winston George	2013	GUY	20.59
Andrew Valmon Men's 400-Meter	Butch Reynolds	1992	USA	44.67
Rich Kenah Men's 800-Meter	Rob Novak	2010	USA	1:46.85
	Brian Borchers	2011	USA	1:46.85
Eamonn Coghlan 1500-Meter	Sam McEntee	2012	AUS	3:42.33
Dr. John Connors Men's Mile	Jim Norris	1990	USA	3:59.50
Dr. Norbert Sanders Memorial 3,000-Meter	Levi Miller	2006	USA	8:20.00
Men's Open 2-Mile	Sydney Maree	1987	USA	8:38.13
Dr. Norbert Sanders Men's 5000-Meter	Jim Carney	2002	USA	14:34.34
Renaldo Nehemiah 110 High Hurdles	Aubrey Herring	2002	USA	13.38
	Roger Kingdom	1998	USA	13.38
Quentin Wheeler Men's 400-Meter Hurdles	Brian Derby	2007	USA	49.75
Elliott Denman 1-Mile Racewalk	Ray Funkhouser	1992	USA	6:03.00
Dr. Matt Brown Masters 100	Mitchell Lovett	2003	USA	11.17
John Kuhi Masters 400	Mitchell Lovett	2003	USA	50.12
Dr. Harry Nolan/ Dr. George Sheehan Masters Mile	Harry Nolan	1987	USA	4:21.89
Frank Budd Women's 100-Meter	Nadine Palmer	2012	HAI	11.32
Women's 200-Meter	Amandi Rhett	2006	USA	23.66
Aliann Pompey Women's 400-Meter Run	Aliann Pompey	2009	GUY	51.79
Joetta Clark Diggs Women's 800-Meter Run	Joetta Clark	1990	USA	2:01.50
Chrissy D'Alessandro Women's 1,500-Meter	Sheila Reid	2012	CAN	4:07.89
Chrissy D'Alessandro Shaheen Memorial Mile	Carmen Douma-Hussar	2009	CAN	4:37.70
Dawn Bowles-Fitch 100-Meter Hurdles	Monique Morgan	2015	JAM	12.89
Women's 400-Meter Hurdles	Dawn Forr	2012	CAN	56.33
George Kochman Boys High School Mile	Rich Morris	1992	USA	4:21.25
George Kochman Girls High School Mile	Jen Croghan	2002	USA	5:02.36
Mike Pascuzzo Men's High Jump	Dennis Lewis	1987	USA	7-5
Mike Pascuzzo Women's High Jump	Deirdre Mullen	2011	USA	6-2
Paul Richard Men's Pole Vault	Brian Mondschein	2007	USA	17-5
Walter Annenberg Women's Pole Vault	Chelo Canino	2006	PUR	13-0
Herbert Douglas Jr. Men's Long Jump	Cadeau Kelley	2010	LIB	25-9 3/4
Herbert Douglas Jr. Women's Long Jump	Jessie Gaines	2016	USA	21-7 1/2
Norman Tate Men's Triple Jump	Olu Olamigoke	2011	NIG	53-11 1/4

NJ INTERNATIONAL TRACK & FIELD MEET - 36 YEARS AND 35 MEETS

By Elliott Denman

Born in tragedy. Moved forward in glory. In capsule form, those seven words tell the 36-year story of the New Jersey International Track and Field Meet. Let us be reminded that the Garden State of New Jersey has forever prided itself on the track and field deeds of its native sons and daughters. From the very beginnings of modern track and field in the United States, Jerseyans have played prominent roles.

The very first USA National Outdoor Championships took place in 1876 – and 11 subsequent editions of the Nationals took place in the Garden State. The very first USA Olympic team – at the historic revival of the ancient festival – journeyed to Athens in 1896 and a small group of New Jersey collegians (Princetonians) formed the majority of the American squad. New Jersey's Bob Roggy made impressive track and field history of his own, advancing from the first graduating class of Holmdel High School to NCAA champion and record-breaker at Southern Illinois University to status as the American record-breaker in the javelin and the world's number one spear-man with his 1980s exploits, all topped by the incredible toss of 314 feet, 4 inches in that put him at the top of the top. Tragically, Bob would live to just shy of his 30th birthday. A horrendous accident – just hours after his competition in the 1986 UA Olympic Festival in Houston, Texas – would take his young life.

Out of this tragic loss was born The Bob Roggy Memorial Track and Field Meet in 1987. A long list of greats of the sport came to Bob's hometown high school athletic field to pay their respects in the best possible way – by putting their own immense talents on display in a world-class track and field meet. The years moved along, and so has the meet, evolving into the New Jersey International Meet, drawing top level athletes from all over the world. As a major part of the event this year, is that in 2022 it includes the USATF National Club Track & Field Championships, drawing both open, masters and high school athletes from all over the country. While the National Club Championships have been held on both the east and west coasts for the past twenty years, this is the first time it has been held in New Jersey, returning the Garden State back to its original national track and field roots.

The meet is being held at Monmouth University and its hard-working Games Committee of the Shore Athletic Club has been endeavoring for months to make it a top-quality event. Its merger this year with the USA National Club Championships will give the International Meet much added luster. It's been nearly 36 years since we said our sad farewells to Bob Roggy. Count on a series of new glories on both the track and in the field at today's 35th edition of "Bob's meet."

Elliott Denman, a 1956 USA Olympian in the 50-kilometer racewalk, former president of the Track Writers Association of America and award-winning sports journalist, is a lifetime trustee of Shore Athletic Club, and the New Jersey International Meet Director Emeritus.

SPECIAL ATHLETES BENEFITS

CITY OF LONG BRANCH FREE BEACH ENTRY

The City of Long Branch has offered free beach entry (a \$10 savings) for any athletes who present their race bib. This offer is good for both Friday, July 1 and Saturday, July 2. The city maintains seven ocean beach entries, and the free entry is good for any of those beaches.

LONG BRACH CHAMBER OF COMMERCE DISCOUNTS

Various members of the Long Branch Chamber of Commerce are offering 10% discounts on select items at their various establishments.

The following are participating vendors:

- Long Branch Distillery
- The Butchers Block
- Bungalow Hotel
- Wave Resort
- Max's Bar & Grill

Thank you to our generous sponsors



Frank & Beth
Harrison



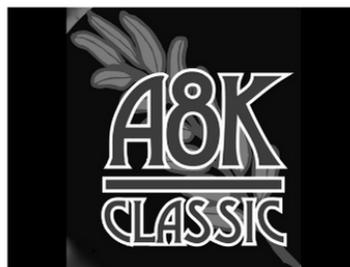
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