

**2022 USATF NATIONAL TRACK & FIELD CLUB CHAMPIONSHIP
FREQUENTLY ASKED QUESTIONS**

Q. Where and when will the meet be held?

A. Monmouth University, West Long Branch, New Jersey, July 1-2, 2022.

Q. Who can enter the meet?

A. Athletes must be 18 years or older on July 1, 2022. Please note that this is the USATF Club National Championship, but will also have special high school, masters, and community events. These special events will not count in the Club Championship scoring. Youth athletes may compete in the Community Mile.

Q. What are the non-scoring special events?

**A. Masters – 100, 400 and Mile
High School – Boys Mile, Girls Mile
Community – Mile Run (open to all ages)**

Q. Does the meet have qualifying standards?

A. There are no qualifying standards. Any USATF member 18 or older as of July 1st, 2022, can participate in the Club Championship.

Q. What are the eligibility requirements for the meet?

A. Individual entries will be accepted but will not be included in the team scoring. To compete in the scoring portion of the Club Championships, all athletes entering as part of a club team must be affiliated with that club as part of their USATF membership profile prior to the close of entries on Tuesday June 28th at noon EDT. No club affiliation changes will be processed or considered after this deadline. For further information regarding USATF Club affiliations and guidelines, please see the USATF Club Affiliation and Eligibility Notes

included in the meet information at www.shoreac.org, or refer to these guidelines in the USATF Rule Book ([USATF Competition Rule 4.2](#)).

Q. What does it cost to enter the meet?

A. The entry costs include:

1st event - \$25.00

2nd event - \$15.00

Each additional event - \$15.00

Relays - \$40.00 per team until June 28. \$60 per team until noon on July 2.

Special Friday evening Community Mile - \$15.00

**The deadline for all individual event entries is noon on Tuesday, June 28th.
Late relay event entries close at noon on Saturday July 2 with an
additional fee. Please note that the entry fee is the same for both club
and non-club events.**

Q. How will both the men and women team championship be scored?

**A. Team trophies will be presented to the 1st, 2nd and 3rd place
teams. Event points will be awarded as follows:**

- 1st place - 10 points**
- 2nd place - 8 points**
- 3rd place - 6 points**
- 4th place - 5 points**
- 5th place - 4 points**
- 6th place - 3 points**
- 7th place - 2 points**
- 8th place - 1 point**

Q. Will there be awards?

A. USATF Official Medals will be awarded to the top three finishers in both the men's and women's events. Separate awards will be presented for the non-Club Championship events that are just part of the NJ International Meet.

Q. Will there be any Cash Prizes?

A. Cash awards will be given to the top three teams in both the men's and women's categories. The cash awards are as follows:

1st Place teams - \$1,000 each

2nd Place teams - \$750 each

3rd Place teams - \$500 each

Cash awards will also be given to the top three men and women who have the best performance in their event on the World Athletics scoring tables ([World Athletics scoring tables updated for 2022 | NEWS | World Athletics](#))

The cash awards are as follows:

1st Place Individual - \$500.00

2nd Place Individual - \$250.00

3rd Place Individual - \$100.00

The high jump and other events will also have separate prize money available. Details on amounts and events that will have cash prizes will be available closer to the meet on the www.shoreac.org website and social media (@theshoreac).

Q. Will there be housing options on the Monmouth University campus?

A. Yes, rental dormitories and apartments for athletes, coaches and officials are available on a rental basis. Please see the lodging information sections of the meet website in order to register for Monmouth University lodging. Overnight accommodations are available for the evenings of June 30, July 1 and July 2. Bedding is a one-time extra cost. Rooms must be reserved by Friday June 24 at the latest and rates are as follows:

- a. Rate/Single Occupancy: \$62.00 per night**
- b. Rate/Double Occupancy: \$58.00 per person per night**
- c. Rate/Triple Occupancy: \$50.00 per person per night**
- Bedding (Pillow, blankets): \$49.00 per person one time charge**

Q. Will food and drinks be available at the Track & Field Facility?

A. Yes, there will be a concession stand selling drinks and snacks

Q. Are restrooms available at the track and field facility?

A. Restrooms facilities will be open underneath Kessler Stadium.

Q. What is the track surface and facility at Monmouth University?

A. The track is an 8-lane Beynon Sports Surface in Kessler Stadium, which seats 4,200. Dual direction sprint straightaways and jump runways are available, as well as two javelin runways, multiple shot put circles, a full hammer-discus cage, and steeplechase water jump.

Q. Will the meet provide starting blocks?

A. Yes. You may use your own blocks or meet-supplied starting blocks

Q. What kind of spikes can I wear?

A. Maximum ¼ inch pyramid spikes only. We will perform a spike check before you can compete.

Q. Should I bring and use my own throwing implement(s)?

A. Yes you may bring and use your own implement(s), but they must be weighed and inspected prior to the start of the competition and will be impounded until your event(s).

Q. Will there be poles available for athletes who do not bring their own poles?

A. No, poles will not be provided, so vaulters should plan to bring their own poles.

Q. Where can I learn more about Monmouth University and the Monmouth County Jersey Shore?

A. Information on Monmouth University may be found by going to www.monmouth.edu and www.monmouthhawks.com. Regional information can be found at <http://tourism.visitmonmouth.com>.

Q. If I am flying or driving, how do I get there?

A. Monmouth University and the greater Long Branch area are easily accessible via the New Jersey Garden State Parkway, and both N.J. State highways 35 and 36. Newark Airport is about a 50 minute drive via the New Jersey Turnpike and Garden State Parkway to Monmouth University. JFK in New York, the Philadelphia, the Trenton, NJ Regional Airports are other options

Q. The fee for a relay is listed as \$40. Is that fee per person or per team?

A. Per team, but each member of the team should already be entered in an individual event as well. All relay team entries must be received by June 28. Late relay entries will be accepted at the registration table for a cash fee of \$60 per team, no later than 12 Noon on July 2nd. Payment for all relays must be in cash, check or Venmo.

Q. Can I add an event or change my time or mark for an event?

A. Yes, you may do so until the last entry deadline of noon on June 28, 2022. After that date, no additions or changes may be made.

Q. Once I am at the meet, how do I declare for an event?

A. For all running events, you must check in and declare at least 60 minutes before the start of your event at the declaration area. For field events, you must declare at least 30 minutes before the start of all field events on each day. An implement weigh-in schedule will follow also.

NOTES:

- **If you do not declare, you will not compete! NO EXECPTIONS.**
- **Packet/number pickup is NOT declaring**
- **For early morning events, declaration sheets will be available in the early evening before. Failure to declare means that you will be scratched from the event and will NOT compete.**

Q. Where do I pickup my registration information and number?

A. Meet packets can be obtained at the official registration table adjacent to the track. In the event of bad weather, this will be located under the stadium or inside of Boylan Gym adjacent to the track.

Q. Are there any meet special events or amenities?

A. The following are among the special events or amenities that will occur during the event weekend:

- **A track & field Medical Seminar is scheduled for Friday evening, July 1, 2022 beginning at 8:00 pm at Monmouth University which will feature top sports medicine doctors who will make brief presentations and answer athletes' questions.**
- **A Coaching Seminar is scheduled for Saturday evening, July 2, 2022 beginning at 8:00 pm featuring top regional coaches who discuss specialized training methods and answer athletes' questions.**
- **The City of Long Branch will be providing free entry to any of its public ocean beaches (a \$10.00 saving) for all athletes who show an event bib on Friday and Saturday, July 1st and 2nd, 2022.**
- **A variety of merchants in the greater Long Branch area through the Long Branch Chamber of Commerce will be providing a variety of discounts to athletes who show an event bib during the weekend of July 1st to the 3rd, 2022. A listing of participating merchants will be included in the event packet of each athlete.**
- **The City of Long Branch will be conducting their OCEANFEST weekend on July 3rd and 4th, 2022, including a major Fireworks Display on the evening of July 3rd, 2022.**
- **Both the Monmouth Park Thoroughbred Horse Racing Stadium in Long Branch and the Bruce Springsteen Museum located on the Monmouth University campus will be open during the weekend of the meet.**
- **All competitors will receive a gift bag compliments of our sponsors.**

Other questions...

- Feel free to contact us at theshoreac@gmail.com for more information. Updates will be available on our website (www.shoreac.org) as well as on social media (@theshoreac).