



# SHORE A.C.



## SHORE ATHLETIC CLUB MISSION STATEMENT

*“Develop junior and youth, men’s and women’s open and masters track and field athletes, distance and cross-country runners, and racewalkers. We strive to activate the human spirit by providing competitive events for all ages and groups and to promote the entire sport, in all its categories, as lifetime activities.”*

# About the Shore Athletic Club of New Jersey

- Originally founded in 1932 by two brothers, it went dormant for a few decades and was rediscovered by Elliott Denman in 1964. Elliott was an Olympian Racewalker.
- Traditionally known for supporting aspiring athletes training for the Olympic trials, local USATF competitive athletes, and classic events that have been around since 1964, are the Lake Tak series in Long Branch, Capt. Zinn Memorial 5K in April and the Asbury Park Polar Bear Races in December.
- Over the last 60 years, the club has grown to over 500 members and offers 11 events, 4 of which are series-based events that range from 3 to 6 weeks.
- In 2008, we officially became a 501(c)(3) non-profit organization. Our mission is to develop junior and youth, men's and women's open and masters and T&F athletes, distance and cross-country runners, and racewalkers. We strive to activate the human spirit by providing competitive events for all ages and groups, and to promote the sport as a whole, in all its categories, as a lifelong activity.
- We do this with two main avenues: supporting our members of all ages at USATF state, national, and world championships, and providing community events for all ages and abilities in various disciplines: cross-country, track and field, and road racing at a reasonable rate.
- Our community-hosted events are our primary fundraisers outside of membership fees, donations, and sponsors



# OUR MEMBERS

## COMPETITIVE ATHLETES & DIVISIONS



### ELITE

Ages 18+



### OPEN

Ages 22 – 39



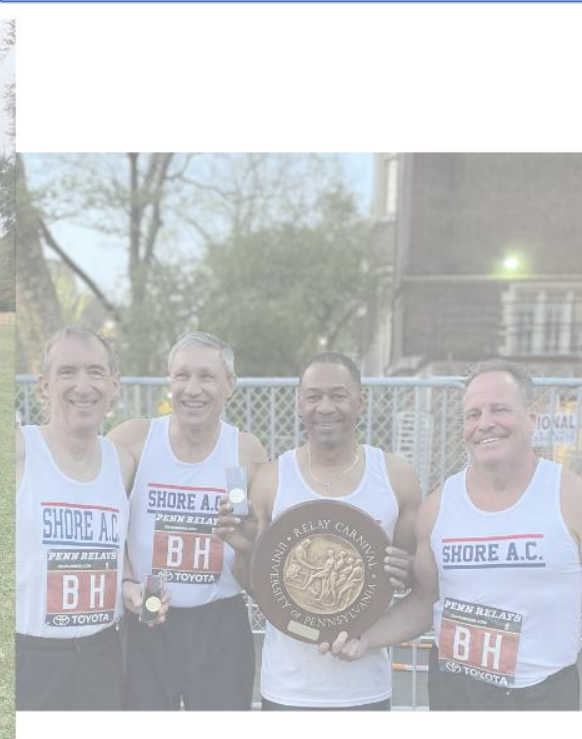
### YOUTH

Ages 5 to 17



### MASTERS

Ages 40 to 100

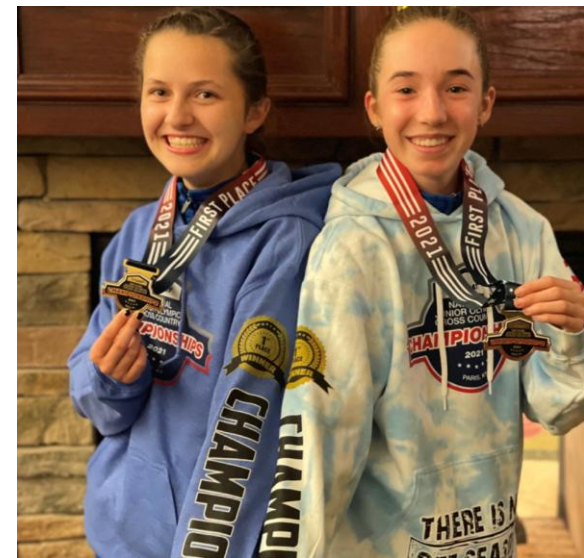




# YOUTH PROGRAMS

# YOUTH PROGRAMS

Gone Running youth training  
Junior Olympics team  
High School scholarships  
Workout on Wednesdays  
Training team for community events  
Automatic discount to signature events



# COMMUNITY EVENTS



# 2026 EVENTS SCHEDULE



**SUNDAY, APRIL 12**

**CAPTAIN ZINN MEMORIAL 5K**

Dorbrook Park, 353 County Road 537, Colts Neck

**\$10 OFF**

CURRENT MEMBERS

**JUNE TBD**

**THE ELLIOTT DENMAN N.J. INTERNATIONAL T&F MEET**

Monmouth University, 400 Cedar Ave. West Long Branch

**SATURDAY**

**JUNE 13, 20 & 27**

**ALL-COMERS T&F MEET SERIES**

Ranney School, 235 Hope Road, Tinton Falls

**MONDAY**

**JULY 6, 13, 20, 27 & AUG  
3**

**LAKE TAKANASSEE SUMMER SERIES**

Saint Michael's Church, 800 Ocean Avenue Long Branch

**SATURDAY, JULY 18**

**BIG BANG MILE**

Bell Works, 101 Crawford Corner Road, Holmdel



**\$10 OFF**

CURRENT MEMBERS

**SATURDAY, AUGUST 8**

**GEORGE SHEEHAN CLASSIC 5K**

Bradley Park, 101-199 Fifth Avenue, Asbury Park

**\$10 OFF**

CURRENT MEMBERS

**SUNDAY, SEPTEMBER 27**

**JERSEY SHORE HALF MARATHON**

Sandy Hook, 128 South Hartshorne Drive, Highlands

**\$10 OFF**

CURRENT MEMBERS

**SUNDAY, OCTOBER 4, 11,  
18, 25**

**LESTER WRIGHT JR. YOUTH CROSS COUNTRY SERIES**

Holmdel Park, 44 Longstreet Road, Holmdel

**SATURDAY, OCTOBER 3,  
10, 17, 24, 31 & NOV. 7**

**ADULT CROSS COUNTRY SERIES**

Different parks in Monmouth County Park System

**SATURDAY, NOVEMBER  
14**

**BILL BRUNO ALUMNI CROSS COUNTRY RUN**

Holmdel Park, 44 Longstreet Road, Holmdel

**SATURDAY, DECEMBER 26  
OR 27**

**POLAR BEAR RACES**

Convention Hall, 1300 Ocean Avenue, Asbury Park

**\$10 OFF**

CURRENT MEMBERS

# Sunday, April 12, 2026

## Dorbrook Park in Colts Neck

*This event honors all Vietnam Veterans and is named in memory of Captain Ronald Lloyd "Ron" Zinn, a race walker from the United States who was killed in Vietnam in 1965. He graduated from the US Military Academy in 1962 and represented the USA at both the 1960 (Rome) and 1964 (Tokyo) Summer Olympics. He placed 6th in the 20K race walk in 1964. Shore AC has held this race to remember Captain Zinn since 1966.*

300 participants

5K run and racewalk

½ mile kids run

Age group awards

Volunteer hours

Partnership opportunities

CAPT **5K** ZINN



# June TBD

## The Elliott Denman N.J. International T&F Meet

### Monmouth University in West Long Branch, NJ

Our goal is to continue the grand tradition of the NJ International Meet this summer. The Shore Athletic Club is excited to host the 37th edition of the meet in honor of Olympian and Club Founder Elliott Denman. The meet will be held at Monmouth University's new 8-lane track and promises to be one of the highlights of the 2025 track & field season, bringing together the nation's top athletes along with competition for masters and high school level competitors. The nation's top clubs will compete against each other, vying for top spots with cash prizes awarded to both teams and individual players. Last year, more than \$8,200 was awarded to the top open and masters competitors. It's a great time to visit the New Jersey shore and take advantage of one of our nation's premier vacation spots.

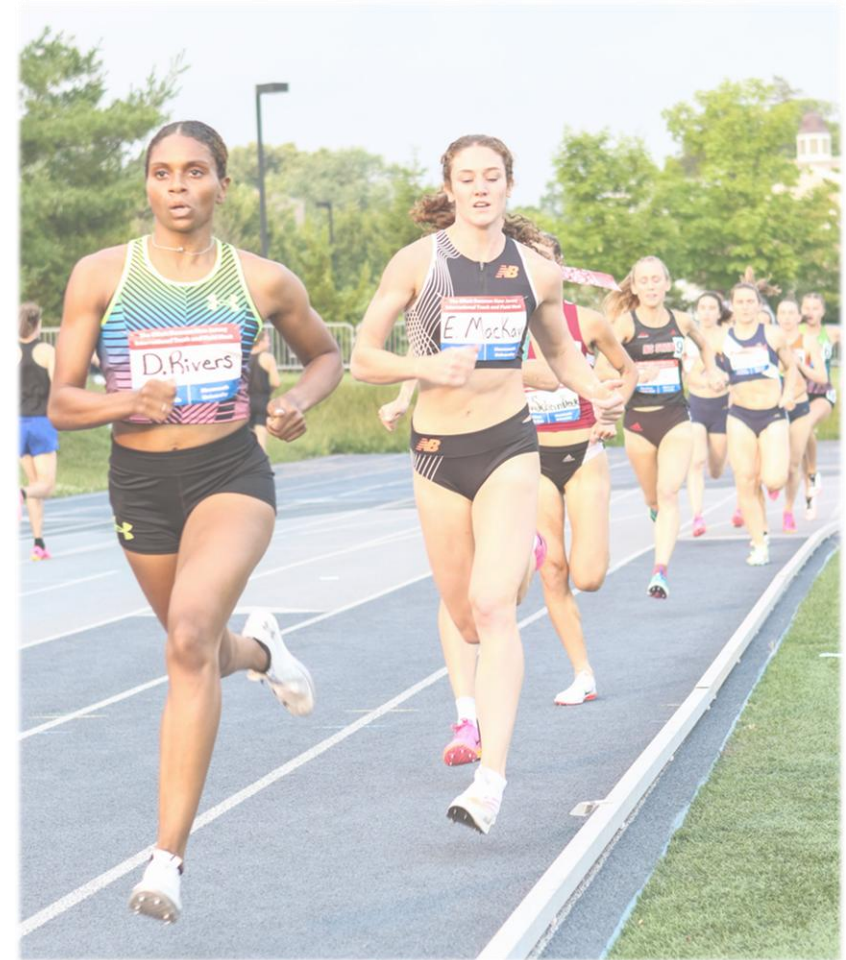
1,000 participants

A variety of track and field events and divisions

Place medals

Volunteer hours

Partnership opportunities



# Saturday, July 18, 2026

## Bell Works in Holmdel



*Possibly the best records-eligible road mile course in the universe!*

The Big Bang Mile is one of the most recently added events to our annual schedule. It is a rare opportunity to run a fast and flat road mile, which meets USATF requirements and standards. It is part of several USATF competitions, including USATF-NJ PMAG LDR Masters Team Competition (Men and Women), USATF-NJ PMAG LDR 700-point Individual Grand Prix event, and USATF-NJ Maniacs for Miles Competition.

Although there are USATF competitions and benefits, we encourage the community to participate in any heat that suits their needs or comfort level. We offer fun categories, including high school, middle school, community, fitness, family, and friends miles. This event has attracted over 400 competitors.

# **Saturday, August 8, 2026**

## ***Bradley Park, Asbury Park***



The Asbury Park Sheehan Classic 5K is one of Shore A.C.'s largest events, attracting over 1,300 participants from all over the state and region. This is the only summer running event the City of Asbury Park still permits to this day.

This is a cherished community event that celebrates the remarkable legacy of Dr. George Sheehan, a trailblazer in running, education, and medicine. Dr. Sheehan's passion for the sport and dedication to his community have left a lasting impact on Monmouth County, where he proudly raised a beautiful family.

As a respected physician, senior athlete, and celebrated author, Dr. Sheehan inspired many with his insights on running and life. He even founded Christian Brothers Academy and penned several influential books.

Though we lost Dr. Sheehan just days before his 78th birthday to cancer, his spirit continues to uplift us. Each year, the Sheehan family joins us to honor his memory, reminding us of the incredible legacy he leaves behind.

# Sunday, September 27, 2026

## Gateway National Recreation Area: Sandy Hook

Shore Athletic Club is hosting The Jersey Shore Half Marathon on Sunday, October 5, 2025, at Gateway National Recreation Area, better known as Sandy Hook Park in Highlands, NJ. This is a flat and fast course, making it a great way to prepare for your fall marathon! All entrants will receive a complimentary race-long-sleeve t-shirt and completion medal! Refreshments will be available to all runners after the race. The early registration fee is \$75 until February 14, 2025. Event day registration is \$105 and will be held at the Lifesaving Station located between Lot D & E from 7:00 – 8:45 AM the morning of the race. We strongly encourage you to register early!

Enjoy a beautiful view, celebratory drink, and meal at [Off the Hook](#) afterwards! Get a free draft or soft drink with your drink ticket, which you'll receive at bib pick-up.

The Jersey Shore Half Marathon has a history that places it as one of the oldest distance events held in New Jersey and the surrounding areas. The first Jersey Shore Marathon was held in 1972. Enjoy a National Recreation Area Park while challenging yourself to run a half-marathon!

- 1,000 participants
- Age group awards
- Volunteer hours
- Partnership opportunities

[www.jerseyshorehalfmarathon.org](http://www.jerseyshorehalfmarathon.org)



# Bill Bruno Alumni XC Run

Saturday, November 14, 2026

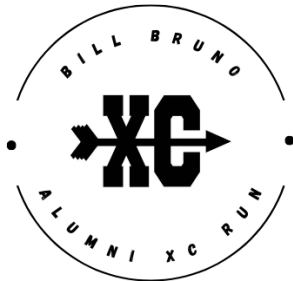


Shore A.C. is hosting its 9th Annual Alumni Cross Country Race at Holmdel Park. This race is in honor of the late Bill Bruno, who was always a champion for our sport as a coach, Athletic Director, and Assistant Director of the NJSIAA.

This year's event will include the traditional 5K race for men and women at 8:30 AM, with team and individual competition. For younger athletes or those just looking for a shorter race, we will also offer a 3K. Holmdel Park provides a beautiful yet challenging cross-country course that we encourage you to endure and later enjoy!

Results will be posted on [www.shoreac.org](http://www.shoreac.org). Don't miss the unique opportunity to run the 5K trails of Holmdel Park nostalgically! There will be two team competition categories: high school/college teams and club and open fun-related teams: club, family, friends, business, or any other category of your choice.

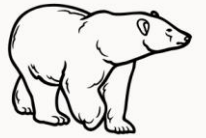
This is before the NJ High School Meet of Champions races at 11 AM and Noon.



# Sunday, December 27, 2026

## Convention Hall, Asbury Park

Polar Bear Races



ASBURY PARK

Join us for the Asbury Park Polar Bear Races, a cherished tradition that has been inspiring runners for over 60 years! This renowned event attracts up to 600 enthusiastic runners and racewalkers, transforming a winter morning on the Asbury Park boardwalk into an unforgettable experience.

The day kicks off with a thrilling 1-mile kids' run, followed by the exhilarating 5K run and racewalk. Participants enjoy a scenic route that spans 1.55 miles to a turnaround in Bradley Beach, culminating with a celebratory finish at Convention Hall. And what better way to warm up after the race than with hot soup, generously provided by Robinson Ale House! With awards for overall performance and age groups, every participant has the chance to be recognized for their hard work and dedication.

This event is not just a race; it's a fantastic way to wrap up the year and set inspiring goals for the new one ahead! Remember, "The finish line is just the beginning of a whole new race!" Sign up now and be part of this incredible tradition!



**June**

**All-Comers T&F Meet Series**

**July**

**Lake Takanassee Summer Series**



**October to November**

**Youth Cross Country Series**

**Adult Cross Country Series**



# Four “series” events

- [All-Comers T&F Meet](#) at Ranney School in Tinton Falls  
*June 13, 20, and 26, 2026*
- [Lake Takanassee 5K Summer Series](#) at St. Michael’s Church, Long Branch  
*July 6, 13, 20, 27 and August 3*
- [Youth Cross Country Series](#) at Holmdel and Ocean County Parks  
*October 4, 11, 18, and 25, 2026*
- [Adult Cross Country Series](#) at different Monmouth County Parks  
*October 3, 10, 17, 24, 31 and November 7*
- More information: [www.shoreac.org/schedule-of-events](http://www.shoreac.org/schedule-of-events)

# OUR GOALS

- Develop a Meters to Miles work development-based program for youth to support community-hosted events
- Build youth racing teams and provide coaching at our club-hosted events
- Develop an open athlete program to support aspiring Olympians or professional athletes
- Develop a member and volunteer incentive-based point system to entice club involvement and support
- Enhance club-hosted events with logistics, services, entertainment, & gear
- Offer more youth programs, like partnering with PTAs on field day or fit clubs

# EVENT PARTNER

*Customized partnerships on a larger scale are available.*

❖ \$1,000

## BIB SPONSOR

Mention in pre- and post-race e-mails, logo on racing bibs, t-shirts, lawn sign, and vendor table at the race.

❖ \$500

## T-SHIRT SPONSOR

Logo on race t-shirt, lawn sign, and vendor table at the race

❖ \$250

## SIGN SPONSOR

Logo on lawn sign and vendor table at the race

❖ \$100

## TABLE SPONSOR

Vendor table at the race



**SHORE A.C.**



*Est. 1934*

theshoreac@gmail.com

www.shoreac.org

@theshoreac