

DEVELOPMENTAL MEET

Order of Events

NOTE: Competitive athletes in grades 3 and 4 can run in Junior races.

EVENT	RUNNERS	GRADES
300M	Pee Wee (youngest to oldest)	Grades K, 1, 2, 3, 4
1200M	JB, JG	Grades 5 & 6
1600M	SB, SJ	Grades 7 & 8
50M	Pee Wee (youngest to oldest)	Grades K, 1, 2, 3, 4
50M	JB, JG	Grades 5 & 6
100M	SB, SG JB, JG	Grades 7 & 8 Grades 5 & 6
400M	JB, JG SB, SG	Grades 5 & 6 Grades 7 & 8
800M	JB, JG SB, SG	Grades 5 & 6 Grades 7 & 8
4x100M relay	JB, JG SB, SG	Grades 5 & 6 Grades 7 & 8
200M	JB, JG SB, SG	Grades 5 & 6 Grades 7 & 8

Long Jump: JB/JG/SB/SG - Limited to 4 per division

Shot Put: SB/SG - Limited to 8 per division

High Jump: SB/SG/JB/JG – Limited to 4 per division

MONMOUTH OCEAN
PAROCHIAL LEAGUE



SHORE A.C.