

**MONMOUTH OCEAN
PAROCHIAL LEAGUE**



RELAY CARNIVAL

Saturday, May 6, 2023 | St. Mary School | 1:00 PM

Order of Events

A and B Divisions will run events together when possible and the results will be separated at the end of the event.

EVENT	DIVISION	NOTE
300M	Pee Wees	4 and under
Sprint Medley (100-100-200-400)	Junior boys Junior girls Senior boys Senior girls	A Division: 4 groups, top 3 medal per group B Division: 1 group, top 3 teams medal
Distance Medley (600-200-400-800)	Junior boys Junior girls Senior boys Senior girls	A Division: 4 groups, top 3 medal per group B Division: 1 group, top 3 teams medal
4x100 (100-100-100-100)	Junior boys Junior girls Senior boys Senior girls	A Division: 4 groups, top 3 medal per group B Division: 1 group, top 3 teams medal
4x200 (200-200-200-200)	Junior boys Junior girls	A Division: 4 groups, top 3 medal per group

	Senior boys Senior girls	B Division: 1 group, top 3 teams medal
4x400 (400-400-400-400)	Junior boys Junior girls Senior boys Senior girls	A Division: 4 groups, top 3 medal per group B Division: 1 group, top 3 teams medal

Field Events A & B Divisions combined. Field events will close at the beginning of the 4 X 400

LONG JUMP

(JB, JG, SB & SG)

Four maximum entries per group (JB, JG, SB & SG) per school
Top 6 teams medal per group (JB, JG, SB & SG)

SHOT PUT

(SB & SG)

Seniors only: Four maximum entries per group (SB & SG) per school
Top 6 teams medal per group (SB & SG)

HIGH JUMP

Will not be held.

