

MONMOUTH OCEAN PAROCHIAL LEAGUE



2023 DISTANCE CARNIVAL

Thursday, April 27th At Donovan Catholic

Check-In: 4:30PM | Start: 5:00PM

RUNNING EVENTS

Please note that there are participation limits (8 per event)

Junior Girls	1200M
Junior Boys	1200M
Senior Girls	1600M
Senior Boys	1600M
Junior Girls	800M
Junior Boys	800M
Senior Girls	800M
Senior Boys	800M

FIELD EVENTS (Seniors Only)

Please note that there are participation limits (4 per event).

- Discus
- Long Jump

INSTRUCTIONS

Coaches and athletes should arrive by 4:30PM.

- Check-In for Running Events will close at 4:50PM.
- Races will begin at 5:00PM
- Maximum of 3 events per individual
- Please do not park in FIRE LANE. You will be ticketed or/and towed.
- See Information sheet for more details.

