

Shore Athletic Club of New Jersey
Host & Organizer of the

The 37th Running of
The Jersey Shore Half Marathon
A Great Tradition A Great Race

Gateway National Recreation Area — Sandy Hook, NJ

Sunday, October 4th, 2009

START TIME 9:00 AM

The Jersey Shore Half Marathon has a history that places it as one of the oldest distance events held in New Jersey and the surrounding area. The first Jersey Shore Marathon was held January 9, 1972.

The Race

- A fast and flat USATF certified course
- Split times every mile, clocks every two miles
- Aid stations every two miles
- All entrants will receive a distinctive long sleeve T-shirt, post race party
- All entrants will receive a race medal
- A great way to prepare for your fall marathon

REGISTRATION

To enter, fill out this application completely, sign it and mail to Jersey Shore Half Marathon 1222 Barton Ave Pt. Pleasant, NJ 08742. You will receive your race number and information packet in mid September. **Applications received after September 30th will be held for pick up on race day.**

Entry Fee

Early registration fee is \$27.00 can be made by mail and must be postmarked before September 1, 2009. Pre-registration (\$30.00) can also be made by mail. All pre-registration entries must be post marked on or before September 26, 2009. Post registration (\$35.00) will begin September 28, 2009 and will be available on race day beginning at 7:00 A.M. Post registration will take place at McLoones Riverside Restaurant on Ocean Avenue, Sea Bright, and 2 miles south of Sandy Hook. –

Refreshments

Refreshments will be available in Sandy Hook Park for all participants after the finish. Please be considerate of the other runners and remember that refreshments are for all.

First Aid

The medical tent will be located at the finish line at the end of the chutes. In addition, radio operators and local first aid squad will monitor the course.

POST REGISTRATION CLOSING AT 8:30 A.M. SHARP!!

Strollers, Dogs, Costumes

We love kids but!!! We must prohibit *strollers* in the Half Marathon. We know that you are careful parents. Dogs at a race may be a hazard to runners, children and spectators. We also cannot have runners in costumes as this is a hazard to other runners and a safety issue that our insurance company will not cover these situations. **We ask for your cooperation!! Thank You.**

Awards

The awards ceremony for the Half Marathon will be held in Sandy Hook Park at 12:30 p.m.

- 1st, 2nd, and 3rd male & female runners
- 1st, 2nd and 3rd male and female runner in each age category: 20-29, 30-34, 35-39, 40-44,

45-49, 50-54, 55-59, 60-64. First overall male and female in the 16-19, 65-69, 70-79 age groups. Race walker Awards to the 1st, 2nd, and 3rd male and female. Awards to the first male and female Wheel Chair competitors

Directions

From South, take the Garden State Parkway to exit 105 and follow Route 36 East to the Ocean. Make a left turn on Ocean Avenue to Gateway National Park, Sandy Hook. From North, take the Garden State Parkway to exit 117 to Route 36 follow signs to Sandy Hook.

Volunteers

The race could not take place without the dedication of hundreds of volunteers. If you are interested in becoming a volunteer, please call

Race Information

For race information or race applications e-mail jshm2009@hotmail.com

You may also register on line for the race at:



Time Limit on the Course of 3 Hours

The Jersey Shore Half Marathon

One entry per application — May be reproduced

Entry Fees:

Early Registration postmarked before September 1, 2009 - \$27.00

Pre-Registration postmarked before September 26th, 2009 - \$30.00

--+Post Registration after September 28th, 2009 - \$35.00

FIRST NAME										LAST NAME									
ADDRESS (Include Apt)																			
CITY										STATE					ZIP CODE				
BIRTHDATE				AGE / Race Day				MALE		FEMALE									
MONTH		DAY		YEAR															
HOME PHONE																			
()			-																
E-Mail Address: _____																			
Please Print																			
SHIRT SIZE																			
S		M		L		XL													
RUN				WHEELCHAIR PARTICIPANT				RACEWALK		DIVISION									

You will receive your race number and information packet in the mail in mid September.

Make checks payable to:
The Jersey Shore Half Marathon and mail to:
 1222 Barton Ave
 Pt. Pleasant, New Jersey 08742
 (No REFUNDS Non-Transferable U.S.Currency)

Liability and publicity release

I know that running and volunteering to work club races are potentially hazardous activities. I should not enter and run in this event unless I am medically able and properly trained. I agree to abide by any decision of the race official related to my ability to safely complete the run. I assume all risks associated with running and volunteering to work this race event including, but not limited to falls and contact with other participants, the effect of either, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my application of myself or anyone entitled to act on my behalf, waive and release The Municipality of Sea Bright, Gateway National Park, Sand Hook, NJ, The Shore Athletic Club of New Jersey, The Shore Half Marathon, McLoone's Riverside Restaurant, The Road Runners Club of America, Gatorade any and all sponsors, volunteers, race officials, their representatives, successors from all claims or liability of any kind arising out of my participation in these club activities even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recording or any other record of this event for any innate purposes. By signing my name below, I certify that I have read all terms and conditions of this release and do intend to be legally bound thereby. I must complete the application legibly and completely for award eligibility.

Signature _____ Date _____ Parent signature if athlete is under 18 _____

In case of emergency, please notify: Name _____ Phone _____

Proud Sponsors of the 37th Running of the Jersey Shore Half Marathon

The Charlie Rooney Family



With the cooperation from
 The Freehold Area Running Club and the Jersey Shore Running Club